Subjective:

* Patient reports pain level at \_\_\_\_/10
* Patient reports improved strength
* Patient reports experiencing less pain
* Patient reports experiencing more pain
* Patient reports continued improvement in symptoms and function.
* Patient reports he/she is completing HEP.
* Patient reports he/she has had a flare up of symptoms.
* Patient reports he/she is still limited with ADL’s.
* Patient reports \_\_\_\_\_% of improvement since starting physical therapy.
* Patient reports his/her symptoms are becoming more focal.
* Patient reports pain \_\_\_\_ Centrally \_\_\_\_ In extremity
* Patient reports numbness in involved extremity
* Patient reports use of involved extremity \_\_\_\_\_With increased pain \_\_\_\_Without increase in pain
* Patient reports ability to walk/ambulate \_\_\_\_Without device \_\_\_\_\_Increased distances
* Patient reports being able to sleep without interruption due to pain

Current Functional level:

* Patient reports improved sitting, standing tolerance
* Patient reports improved sleeping
* Patient reports being able to perform ADLs without assistance
* Patient reports continued pain with ascending /descending stairs.
* Patient reports continued pain with ADL’s.
* Patient reports improved tolerance to sitting/standing.
* Patient reports continued with sport.
* Patient is able to perform ADL’s with/without increased pain
* Patient is able to perform self-care activities
* Patient is able to ambulate safely
* Patient is able to ambulate safely without device
* Patient is able to ambulate safely in home
* Patient is able to ambulate safely in community setting
* Patient is able to ambulate safely over all surfaces
* Patient is able to reach overhead
* Patient is able to reach across body
* Patient is able to reach behind back

Assessment:

* Patient tolerated treatment well, fair, poor
* Symptoms appear to be centralizing
* Patient able to tolerate increased weight and/or reps of ther ex
* Patient reported pain relief after treatment to \_\_\_\_/10
* Good progress towards goals
* Patient completed therapeutic ex today without complaint of pain.
* Patient had decrease in pain after therapy session today.
* Patient demonstrated understanding of HEP
* Patient is progressing according to plan of care
* Patient is progressing ahead of plan
* Patient is progressing slower than planned due to …
* Patient will benefit from progression of forces
* Patient will benefit from Increased intensity of exercise
* Patient will benefit from Increased frequency of HEP performance
* Referral required due to…

Plan:

* Continue with current Plan of Care
* Continue with \_\_\_\_\_\_x/week of skilled PT to address remaining deficits
* Advance exercises next visit
* On hold
* To be independent with HEP
* Discharge to HEP
* See Discharge Summary
* Progress note to be completed next visit
* Continue physical therapy with addition of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Plan to increase patient’s HEP at the next visit.
* Re-assess patient at the next visit.